

Introduction: Hypermobility spectrum disorders manifest themselves in varying degrees of severity and intensity up to Ehlers Danlos syndrome (EDS). The latter is expressed in multiple ways and leads to numerous symptoms directly related to the disease (syndrome) as well as numerous associated signs. Among the different forms of EDS, the hypermobile EDS is the most represented and it leads to numerous joint pains or digestive and respiratory disorders.

Method: qualitative study, 11 persons, semi-directed interviews in order to identify what osteopathy brings to the hEDS patients or those suffering from generalized hypermobility spectrum disorders (G-HSD) on their various attacks.

Results:

- ◆ 1 man for every 10 women aged 32 to 53
- ◆ 7 of the 11 are in a couple and 5 people have children

After a diagnostic wandering, 10 people were diagnosed with SED, including 2 less than 5 years ago and the only man on the panel had his diagnosis reassessed in G-HSD.

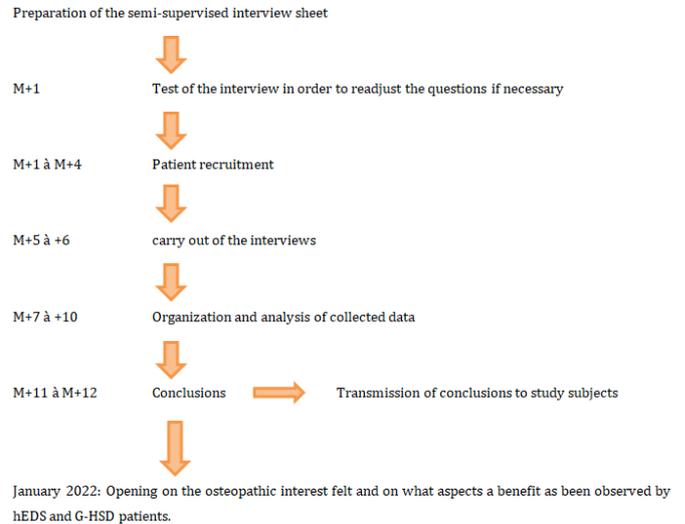
Discussion et conclusion

The people who carried out the interviews have a sensitivity to osteopathy and it would be interesting to carry out these interviews with a larger scale of patients. Osteopathy has its place in a multidisciplinary management of this pathology which has multiple and varied manifestations.

Bibliography:

- <https://gersed.org/>
- <https://sedinfrance.org/>
- <https://www.ehlers-danlos.com/research/>

The general desing of the study



Reasons for consultation in osteopathy:



Benefits of osteopathy



The benefits of osteopathy are on the reduction of pain and the feeling of moving better. It is described as a feeling of better being. These benefits are not long-lasting and it is emphasized that more frequent sessions allow maintaining the benefits. No reduction in the frequency of subluxations was noted by consulting an osteopath.



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